

The Individual question form, completed and correctly signed, must be sent exclusively to the address sdl@uniroma1.it to be sent to the Special Prevention/Protection Office, the Occupational Medicine Center, the Chemical Laboratory for Safety, to the Biologist Expert and the Radiation Protection Expert.

ANAGE	RAPHIC SUMMARY							
Badge nr	Surname	Na	me) f	Ом
Date of birt	n Birth Place		Tax identifi	cation code				
Domicile ad	dress							
Email		Mobile Nr		Phone	e Nr			
Faculty/Dep	artment/Office		Bu	ilding code	F	oor	Room	
						Start date		
Job descript	ion					End date		
]
RISK A	SSESSMENT							
-	om mechanical instrument			TH AND S	AFEI	Y - Acc	Iden	t Risk
Does you	r work involve operating or bein	ng in close contact with cranes, ho	ists etc.?	🗌 no 🔲 s	ometim	es 🗌 mo	ost of t	he time
Do you w	ork on scaffolding, work tower	s or cherry picker platforms?		🗌 no 🔲 s	ometim	es 🗌 mo	ost of t	he time
Do you c	arry out mechanical/hydraulic/n	nasonry maintainance?		🗌 no 🗌 s	ometim	es 🗌 mo	ost of t	he time
Do you w	ork with sharp objects e.g. need	dles, glass, knifes, scalpels screwdr cutting or sawing ma	ivers or chinery?	🗌 no 🔲 s	ometime	es 🗌 ma	ost of t	he time
Do you w	ork with wet or slippery surface	s?		🗌 no 🔲 s	ometime	es 🗌 ma	ost of t	he time
Is there a	danger from falling objects in y	our workplace?		🗌 no 🔲 s	ometime	es 🗌 mo	ost of t	he time
Do you w	ork in pressure chambers or in	an environment subject to change	es ressure?	∏ no ∏ s	ometim	es 🗌 ma	nst of t	he time
-	om extreme high or low ter	nperatures						
Do you w	ork in cold storage rooms or c	ontrolled temperature environmer	nts?	∟ no ∟ s	ometime	es 🗌 mo	ost of t	he time
Do you w	ork in close contact with heat s	ources such as oven driers or superheated enviromer	nts?	🗌 no 🗌 s	ometim	es 🗌 ma	ost of t	he time
Does you	r work put you at risk from bur	ns?		🗌 no 🔲 s	ometim	es 🗌 mo	ost of t	he time
-	om electric shock							
printers,	photocopiers, computers) or ca	ng office equipment such as fax m arry out maintainance on electrical		🗌 no 🔲 s	ometime	es 🗌 ma	ost of t	he time
Chemice Do you u	al risk se inflamable or explosive subst	ances?		no s	omotim	nc 🗖 ma	oct of t	ha tima
Do you u					ometim		151 01 1	ne une
		HEALTH RISK (ENV	IRONM	ENTAL H	GIEN	E) - Ph	iysica	al Risk
Climate	and microclimate	,				,	-	
		ditions in your workplace for long	periods?	🗌 no 🔲 s	ometime	es 🗌 ma	ost of t	he time
Noise a	nd vibration							
Do you o	perate noisy machinery or equi	oment?		🗌 no 🔲 s	ometim	es 🗌 mo	ost of t	he time
If the ans	wer is yes, please specify type							
Do you c	perate pneumatic hammers, dri	lls, sanders, or other equipment th causes vibrations or oscillati		🗌 no 🔲 s	ometim	es 🗌 mo	ost of t	he time



Individual question form for the identifying of the occupational risks aiming at the predisposition of safety measures and health supervisory protocols.

Ionizing radiation

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Do you use radioactive sourses and/or equipment that emits X-rays?	yes no sometimes most of the time
If yes then please indicate type of source	
Non-ionizing radiation	
Do you work with computers?	🗌 yes 🗌 no (if yes please fill out apendix 1)
Do you work with apparatus which emits radiowaves or microwaves?	🗌 yes 🗌 no
If yes indicate which type of source and frequency	
Do you work with apparatus which makes infra-red emissions?	yes no
If yes indicate which type of source	
Do you work with apparatus giving off intensive light, e.g. light tables or work in badly lit environments?	🗌 yes 🗌 no
If yes indicate which type of source	
Do you work with apparatus which emits U.V. radiation?	🗌 yes 🗌 no
If yes indicate which type of source and frequency	
Do you work with apparatus which emits ultrasound?	🗌 yes 🔲 no
If yes indicate which type of source and frequency	
Do you work lasers?	🗌 yes 🔲 no
If yes indicate type and class	
Do you work with or carry out research using chemicals substances?	CHEMICAL RISK
Do you work with or carry out research using biological agents such as viruses, parasites, fungi, bacteria or other micro organisms?	BIOLOGICAL RISK
TRA	ANSVERSAL-ORGANIZATIONAL RISKS
Are you exposed to long periods of stress at work?	🗌 yes 🗌 no
Do procedures exist to confront incidents and emergency situations?	🗌 yes 🗌 no
Does your work involve periods of high intensity or complexity?	🗌 yes 🗌 no
Do you have to move loads of more than 30 Kgs?	no sometimes most of the time
Do the ergonimics of the equipment in the workplace make working difficult	? 🗌 yes 🗌 no
Do you work with laboratory animals?	🗌 yes 🗌 no
Date	
(signature of employee) (signature of employer*) (signature of laboratory supervisor)

*Dean of Faculty or school headmaster, Head of Dept, Institute Director, Director of central or associated libraries



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APENDIX 1 - WORK WITH COMPUTER

Have you been subject to health and safety su	upervision at any time in	the past?	YES	O NO	
How long have you been using a computer?		How many hours a v	week ye	ou use comp	uter?
What type of work do you presently do on th	e computer? 🗌 CAD	updating datab	ase	typing	
(signature of employee)	(signature of empl	oyer*)	(signa	iture of labor	atory supervisor)



APENDIX 2 - RISKS FR	OM CHEMICA	L AGENTS	6			
Indicate type of nature of	activity and typ	oe of labora	atory			
Type of activity	🗌 training l	aboratory	research laboratory			
Type of laboratory	🗌 qualitativ	ve chemistry	preparative chemistry			
		tive chemistry				
		l chemistry	physics			
			mechanical physics			
	· · ·	chemistry	engineering mechanics			
	_					
		chemistry	electromechanical engineering			
	D biochem	istry				
	other					
Amount of time per day s	pent in laborato	ory: 🗆] < 1 hour 1 to 3 hours 3 to 5 hours 6 to 8 hours			
Are other people present						
	when you curry	_				
Smoking habits:		non sn	moker 🗌 ex smoker 🗌 smoker number cigarettes/day			
FREQUENTLY USED O	RGANIC AND	INORGAN	IIC SUBSTANCES OR COMPOUNDS			
Substance % Nr. CAS ⁽¹⁾		Nr. CAS ⁽¹⁾	Frequency of exposure			
			daily at least 2 days a week monthly annually			
State			Duration of exposure ⁽²⁾			
			□ < 15 mins □ 15 -30 mins □ 30 -60 mins			
			1 to 2 hours 2 to 4 hours 4 to 6 hours 6 to 8 hours			
Temp (in °C) at whic	h used ⁽³⁾		Amounts handled ⁽⁴⁾			
			< 1 gram o millilitre			
			10-50 grams o millilitres 50-100 grams o millilitres			
			□ 100-1000 grams o millilitres □ > 1000 grams o millilitres			
Substance	%	Nr. CAS ⁽¹⁾	Frequency of exposure			
			daily at least 2 days a week monthly annually			
State			Duration of exposure ⁽²⁾			
			□ < 15 mins □ 15 -30 mins □ 30 -60 mins			
			1 to 2 hours 2 to 4 hours 4 to 6 hours 6 to 8 hou			
Temp (in °C) at whic	h used ⁽³⁾		Amounts handled (4)			
			< 1 gram o millilitre			
			□ 10-50 grams o millilitres □ 50-100 grams o millilitres			
			□ 100-1000 grams o millilitres □ > 1000 grams o millilitres			



Substance	%	Nr. CAS ⁽¹⁾	Frequenc	y of exposure
			🗌 daily 🗌 at least 2 days a w	eek 🗌 monthly 🗌 annually
State			Duration	of exposure ⁽²⁾
		□ < 15 mins □ 15 -30 min	ıs 🗌 30 -60 mins	
		1 to 2 hours 2 to 4 hours	s 🔲 4 to 6 hours 🗌 6 to 8 hours	
Temp (in °C) at which used ⁽³⁾		Amounts handled ⁽⁴⁾		
			🔲 < 1 gram o millilitre	1-10 grams o millilitres
			10-50 grams o millilitres	50-100 grams o millilitres
			100-1000 grams o millilitres	> 1000 grams o millilitres

Substance	%	Nr. CAS ⁽¹⁾	Frequen	cy of exposure
			🗌 daily 🗌 at least 2 days a v	veek 🗌 monthly 🗌 annually
State			Duration	n of exposure ⁽²⁾
			🗌 < 15 mins 🛛 15 -30 mi	ns 🔲 30 -60 mins
			1 to 2 hours 2 to 4 hour	rs 🔲 4 to 6 hours 🗌 6 to 8 hours
Temp (in °C) at which used ⁽	Temp (in °C) at which used ⁽³⁾		Amou	nts handled ⁽⁴⁾
			🗌 < 1 gram o millilitre	1-10 grams o millilitres
			10-50 grams o millilitres	50-100 grams o millilitres
			100-1000 grams o millilitres	> 1000 grams o millilitres

Substance	%	Nr. CAS ⁽¹⁾	Frequency	y of exposure
			🗌 daily 🗌 at least 2 days a we	eek 🗌 monthly 🔲 annually
State			Duration	of exposure ⁽²⁾
		□ < 15 mins □ 15 -30 min	s 🔲 30 -60 mins	
			1 to 2 hours 2 to 4 hours	4 to 6 hours 6 to 8 hours
Temp (in °C) at which used ⁽	3)		Amount	ts handled ⁽⁴⁾
			🗌 < 1 gram o millilitre	1-10 grams o millilitres
			10-50 grams o millilitres	50-100 grams o millilitres
			100-1000 grams o millilitres	> 1000 grams o millilitres

Substance	%	Nr. CAS ⁽¹⁾	Frequency of exposure
			annually at least 2 days a week monthly annually
State			Duration of exposure ⁽²⁾
]	□ < 15 mins □ 15 -30 mins □ 30 -60 mins
			1 to 2 hours 2 to 4 hours 4 to 6 hours 6 to 8 hours



Temp (in °C) at which used ⁽³⁾	Amoun	ts handled ⁽⁴⁾
	🗌 < 1 gram o millilitre	1-10 grams o millilitre:
	10-50 grams o millilitres	50-100 grams o millilitres
	100-1000 grams o millilitres	> 1000 grams o millilitres

Substance	%	Nr. CAS ⁽¹⁾	Frequency	/ of exposure
			🗌 daily 🗌 at least 2 days a we	eek 🗌 monthly 🗌 annually
State			Duration	of exposure ⁽²⁾
		□ < 15 mins □ 15 -30 mins	5 🔲 30 -60 mins	
		1 to 2 hours 2 to 4 hours	4 to 6 hours 6 to 8 hours	
Temp (in °C) at which used ⁽³⁾		Amounts handled ⁽⁴⁾		
			🔲 < 1 gram o millilitre	1-10 grams o millilitres
			10-50 grams o millilitres	50-100 grams o millilitres
			100-1000 grams o millilitres	> 1000 grams o millilitres

Substance	%	Nr. CAS ⁽¹⁾	Frequenc	y of exposure
			🗌 daily 🔲 at least 2 days a we	eek 🗌 monthly 🔲 annually
State			Duration	of exposure ⁽²⁾
		□ < 15 mins □ 15 -30 min	s 🔲 30 -60 mins	
		1 to 2 hours 2 to 4 hours	5 🗌 4 to 6 hours 🗌 6 to 8 hours	
Temp (in °C) at which used ⁽	3)		Amoun	ts handled ⁽⁴⁾
			🗌 < 1 gram o millilitre	1-10 grams o millilitres
			10-50 grams o millilitres	50-100 grams o millilitres
			100-1000 grams o millilitres	> 1000 grams o millilitres

Substance	%	Nr. CAS ⁽¹⁾	Frequency of exposure
			daily 🔲 at least 2 days a week 🗌 monthly 🗌 annually
State			Duration of exposure ⁽²⁾
			□ < 15 mins □ 15 -30 mins □ 30 -60 mins
			1 to 2 hours 2 to 4 hours 4 to 6 hours 6 to 8 hours
Temp (in °C) at which used	Temp (in °C) at which used ⁽³⁾		Amounts handled (4)
			<pre> < 1 gram o millilitre</pre>
			10-50 grams o millilitres 50-100 grams o millilitres
			□ 100-1000 grams o millilitres □ > 1000 grams o millilitres

(signature of employee)

(signature of employer*)

(signature of laboratory supervisor)



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Indicate the type of apparatus ye	ou normally use in the laboratory
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Agitator	D pH metre	Ice making machine
Autoclave	Hair dryer	Desiccating oven
Doubleboiler	Hot plate	Refrigerator
🗌 Bunsen burner	🗌 Vacumn pump	Glass washer
Scales	Peristaltic pump	Microscope
Analytical balance	Filtering systems	Other
Laminar flow cabinet	Ultrasonic apparatus	
Chemical safety cabinet	Spectrophotometre	
Centrifuge	Thermostat	
Indicate personal protective equ	ipment currently in use	
Latex monouse gloves	Chemical protection goggles	Other
Chemical resistant gloves	Tongs for picking up broken gl	lass
Thermal insulation gloves	Tongs for handling hot objects	
Facemask with filter	Automatic pipet	
Activated carbon layer facemask	Pipette	
Indicate other possible risks oth	er than from chemical sub	stances
From biological agent	From ultrasonic emissions	Other
From lasers	U.V. radiation	
From ionizing radiation	Infra red radiation	

(signature of employee)

(signature of employer*)

(signature of laboratory supervisor)



APENDIX 3 - BIOLOGICAL	RISKS		
Have you been subject to health a	nd safety supervision at any time in th	ne past? O YE!	О NO
Indicate analitical method	s and techniques utilized		
Spectrophotometry	Viral infection techniques	Experimentation on	laboratory animals
Chromatografy	Cito-istological techniques	Breeding of animals	for observation
Clinical chemistry techniques	Molecular biology techniques	Photography and da	rkroom processing
Bacteria culture techniques	Administation and coordination	Technique using ger	netically modified micro-organisms
Cell culture techniques	Techniques employing radioactiv	ve materials 🗌 Other 🗂	

Indicate type of laboratory

ТҮРЕ	EXAMPLE OF LABORATORY	TYPES OF MICRO- ORGANISMS EMPLOYED	
Laboratory- Biosafety Level 1	Basic training	Micro-oganisms unlikely to cause illness or infection in humans or animals	
Laboratory– Biosafety Level 2	Basic health care (hospital, diagnostic,training and public health.	Patogenic agents that can cause disease or illness in humans and animals but unlikely that they constitute a serious risk to laboratory personnel, the public, livestock o the environment. Exposure to such patogens can cause serious infection but the risk of diffusion is low	
Laboratory– Biosafety Level 3	Applicable to clinical, diagnostic, teaching research or production facilities.	Patogenic agents which may cause serious or potentially lethal disease in humans and animals. Laboratory personnel have specific training in handling pathogenic and potentially lethal agents, and are supervised by competent scientists who are experienced in working with these agents. Preventative measures and effective treatment is available and in place.	
Laboratory– Biosafety Level 4	Unit working with dangerous patogenic agents	Dangerous and exotic agents that pose a high individual risk of aerosol-transmitted laboratory infections and life-threatening disease. Access to the laboratory is strictly controlled by the laboratory director. The facility is either in a separate building or in a controlled area within a building, which is completely isolated from all other areas of the building. A specific facility operations manual is prepared or adopted.	



Indicate the biological agents ultilized and/or potentially present in materials analised to which exposed to while carrying out your work

AGENTS	HOW OFTEN	USED	PROTECTION	NOTES
	hours/day	days/month months/year	Controlled environment	
	hours/day	days/month months/year	Controlled environment	
	hours/day	days/monthmonths/year	Controlled environment	
	hours/day	days/monthmonths/year	Controlled environment	
	hours/day	days/monthmonths/year	Controlled environment	
	hours/day	days/month months/year	Controlled environment	
	hours/day	days/monthmonths/year	Controlled environment	
	hours/day 6	days/monthmonths/year	Controlled environment personal	
Indicate equipment us	ed			
Chemical safety cabinet	🗌 lyop	hilizator	Autoclave	Freezer
I Hvopodermic needles	L Cher	nical safety cabinet	Incubator	Agitator
Ultrasonic processor	🗌 anae	erobic storage appartatus	Homogeniser	Ultrasonic bath
Doubleboiler	Class	s Biological safety cabinet	Refridgerator	Stomacher
Tissue fragmentator	Class	s II Biological safety cabine	t 🔲 Ultracentrifuge	Dessiccator
Class III Biological safety of	abinet 🗌 Lanc	ing device incinerator	Other	
Indicate Personal Prof	ective Equip	ment used		
Acid proof clothing	🗌 Anti	splash chemical safety goo	ggles	🗌 Anti slip footwear
Facemask with air filter	🗌 Anti	splash biological safety go	oggles	Ear defenders/ear muffs
Cotton gloves	🗌 Infra	-red protective spectacles/	/eyewear	Latex gloves
Ultra violet protective spe	ctacles 🗌 Neo	prene and PVC gloves	Other	
Indicate active or pass	sive preventa	tive measures you h	ave received	
Vaccination - if yes, which	?			
Serum - if yes, which?				
🗌 Other measures - if yes, w	/hich?			
(signature of employ	ee)	(signature of emplo	yer*) (signati	ure of laboratory supervisor)